
SHARON E. TAVERNO ROSS, PHD

*Associate Professor of Health and Human Development,
University of Pittsburgh
seross@pitt.edu*

CURRICULUM VITAE

EDUCATION

Doctor of Philosophy (PhD) in Biobehavioral Health (2011)

The Pennsylvania State University, University Park, PA

Doctoral Dissertation title: A jugar!: Understanding the experience of physical activity (PA) and influences on PA attitudes and behaviors in U.S. children of immigrants.

Master of Science (MS) in Biobehavioral Health (2009)

The Pennsylvania State University, University Park, PA

Master's Thesis title: Generation, language, BMI, and activity patterns in Hispanic children.

Bachelor of Science (BS) in Human Development and Family Studies & Spanish (double major) (2006)

The Pennsylvania State University, University Park, PA

PROFESSIONAL EXPERIENCE

Associate Professor, 2022-current

Department of Health and Human Development,
University of Pittsburgh, Pittsburgh, PA

Associate Professor, 2022-current

Department of Behavioral and Community Health
Sciences (secondary appointment), University of
Pittsburgh, Pittsburgh, PA

Edd Major Program Coordinator, 2019-current

Health and Physical Activity Major, University of
Pittsburgh, Pittsburgh, PA

Assistant Professor, 2016-2022

Department of Behavioral and Community Health
Sciences (secondary appointment), University of
Pittsburgh, Pittsburgh, PA

Assistant Professor, 2014-2022

Department of Health and Physical Activity,
University of Pittsburgh, Pittsburgh, PA

Postdoctoral Research Fellow, 2011-14

Department of Exercise Science, University of
South Carolina, Columbia, SC

Graduate Research Assistant, 2007-11

Department of Biobehavioral Health, The
Pennsylvania State University, University Park, PA.

Project Coordinator, 2006-07

Family & Child Health Project, The Pennsylvania
State University, University Park, PA.

Instructor, 2006-07

Spanish Basic Language Program, The
Pennsylvania State University, University Park, PA.

Undergraduate Research Assistant, 2005-06

Family & Child Health Project, The Pennsylvania
State University, University Park, PA.

RESEARCH FUNDING

Current Funding

- 4/17/2023 – 2/28/2028 **Role: Co-Investigator, Pittsburgh site PI;** Sedentary behavior, physical activity, 24-hour behavior in pregnancy and offspring health: the Pregnancy 24/7 Offspring study (National Institutes of Health/NHLBI 1R01HL164662-01A1; \$3,513,500)
- 9/1/2023 – 8/31/2025 **Role: Co-Investigator,** Improving Literacy and Diet in Latino Preschoolers through Family Food Routines and Peer Support (The Brady Education Foundation, \$178,968)
- 9/1/2023 – 8/31/2025 **Role: Principal Investigator,** the Healthy Communities, Services, and Lifestyles (HCSL) Project: Stage 2 (School of Education, University of Pittsburgh, Pittsburgh, PA; \$49,764)
- 9/1/2023 – 8/31/2025 **Role: Co-Investigator,** Race, Class, and Context: Exploring Intersectional Influences on Child and Adolescent Health (School of Education/Learning Research Development Center, University of Pittsburgh, Pittsburgh, PA; \$150,000)

Under Review

- 9/1/2025 – 8/31/2028 **Role: Co-Investigator,** A Comprehensive Assessment of Social Connection in Immigrants (National Institutes of Health/NIMHD; \$2,187,255; Resubmission with original Impact Score of 35; 19th percentile])

Completed Funding

- 7/1/2021– 6/30/2023 **Role: Co-Investigator,** Developing a Latinx Youth Research Advisory Board to Address and Dismantle Structural Inequities in Emerging Latinx communities (University of Pittsburgh Pitt Momentum Funds Teaming Grant, PI: M. Ragavan; \$60,000)
- 5/1/2022 – 4/30/2023 **Role: Co-Investigator,** Using PhotoVoice to explore environmental sustainability among Latinos in an emerging community (Mascaro Center for Sustainable Innovation, University of Pittsburgh, Pittsburgh, PA, \$7,860)
- 5/1/2022 – 12/31/2022 **Role: Principal Investigator,** the Healthy Communities, Services, and Lifestyles (HCSL) Project: Stage 1 (Department of Health and Human Development, University of Pittsburgh, Pittsburgh, PA \$10,000)
- 10/12/2019-10/12/2022 **Role: Principal Investigator,** Testing the Feasibility and Acceptability of the Physical Activity Portion of a *Promotora*-led, Home-based Lifestyle Intervention in Latino Children of Immigrants (Healthy Lifestyle Institute, University of Pittsburgh; \$20,000)
- 4/30/2021 – 8/31/2021 **Role: Principal Investigator,** *Activos Juntos: A Promotora*-led, Home-based Physical Activity Intervention with Latinx Preschool Children of Immigrants (Center for Latin American Studies, University of Pittsburgh; \$3,500)

9/30/2019 – 9/30/2020	Role: Co-Investigator , Disrespecting the Border: A Latinx Community-Based Mural in Pittsburgh (Year of Creativity, Office of the Provost, University of Pittsburgh, PI: C. Ruiz; \$5,000)
9/30/2016 – 9/29/2019	Role: Principal Investigator , Effectiveness of a <i>promotores</i> network to improve health behaviors and outcomes in members of an Emerging Latino community (Centers for Medicare & Medicaid Services, Department of Health and Human Services, 1HOCMS331535-01-00; \$215,000)
7/31/2016 – 6/30/2019	Role: Principal Investigator , Development and Maintenance of Healthy Physical Activity Habits in Latino Children Following Immigration to the U.S. (Central Research Development Fund, University of Pittsburgh; \$16,000)
4/1/2019 – 8/31/2019	Role: Principal Investigator , Effectiveness of a <i>promotores</i> network to improve health behaviors and outcomes in members of an Emerging Latino community (Center for Latin American Studies, University of Pittsburgh; \$3,500)
5/1/2018 – 8/13/2018	Role: Principal Investigator , Addressing Health Disparities in U.S. Latinos: Learning from an existing <i>promotores</i> network (Center for Latin American Studies, University of Pittsburgh; \$2,605)
1/1/2018 – 1/1/2019	Role: Co-Investigator , Pitt Moves: A peer-led, physical activity break intervention with University graduate students (Office of the Provost, University of Pittsburgh, PI: P. Documet; \$3,885)
11/1/2016 – 11/1/2019	Role: Principal Investigator , Health and Physical Activity Diversity Enrichment Series (Office of the Provost, University of Pittsburgh; \$2,375)
11/1/2016 – 11/1/2017	Role: Co-Investigator , OjO Latino: Pittsburgh Latino Immigrants Photo-Voice Project (Office of the Provost, University of Pittsburgh, PI: C. Ruiz; \$4,980)
3/14/2014 – 2/28/2017	Role: Principal Investigator , A promotora-mediated, family-based intervention to prevent obesity in Latino preschoolers (National Institutes of Health/NHLBI, R21HL119395; \$250,000)

STUDENT MENTORED RESEARCH FUNDING

Current Funding

9/01/2023 – 8/31/2025	Role: Primary Mentor , Sedentary behavior, physical activity, and 24-hour behavior in pregnancy and offspring health: the Pregnancy 24/7 Offspring Study Diversity Supplement, Diversity Supplement Candidate: JP Marrero-Rivera, (National Institutes of Health/NHLBI, R01HL164662-01A1S1; \$164,414)
4/08/2024 – 3/28/2026	Role: Co-Mentor , Sedentary behavior, physical activity, and 24-hour behavior in pregnancy and offspring health: the Pregnancy 24/7 Offspring Study Gallagher Diversity Supplement, Diversity Supplement Candidate: Jacob Gallagher, (National Institutes of Health/NHLBI, R01HL164662-

02S1; \$217,195

Completed Funding

10/21/2022– 9/1/2023	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student/Faculty Research Grant, School of Education, Doctoral Student: Carli A. Liguori (\$3,000)
12/8/2021– 9/1/2022	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student Research Grant, School of Education, Doctoral Student: Lisa Roberts (\$750)
3/3/2021– 12/31/2022	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student Research Grant, School of Education, Doctoral Student: Beata Pasek (\$750)
1/20/2020– 12/31/2020	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student Research Grant, School of Education, Doctoral Student: Efekona Nuwere (\$375)
12/6/2019– 9/1/2020	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student Research Grant, School of Education, Doctoral Student: Jessica Sebastian (\$375)
12/6/2019– 9/1/2020	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student Research Grant, School of Education, Doctoral Student: Trisha Cousins (\$375)
12/6/2019– 9/1/2020	Role: Research Mentor, Council for Graduate Students in Education (CGSE) Student Research Grant, School of Education, Doctoral Student: Annessa Bontrager (\$250)
3/15/2016– 8/31/2016	Role: Research Mentor, Student Research Fund, School of Education, Doctoral Student: Kristie Rupp (\$1500)

PUBLICATIONS

* designates student author

Peer-Reviewed Articles

1. **Taverno Ross SE**, Torres ME, Dowda M, Pate RR. Contextual variables associated with change in physical activity for black, white, and Latino children followed from infancy to preschool age. *Pediatric Exercise Science*. Accepted.
2. *Marrero Rivera JP, Sobkowiak O, Sgourakis A, Bagnato SJ, Kline CE, Gordon BDH, **Taverno Ross SE**. The Relationship Between Physical Activity, Physical Fitness, Cognition, and Academic Outcomes in School-Aged Latino Children: Preliminary Findings of A Scoping Review. *Children*. 2024 Mar 19;11(3):363. doi: 10.3390/children11030363. PMID: 38539398; PMCID: PMC10969699
3. *Liguori CA, Sharma NP, Documét PI, Gibbs BB, **Taverno Ross SE**. Prevalence of healthy diet and activity behaviours among U.S. Latino preschool children living in an emerging Latino community. *J Nutr Sci*. 2023 Jun 29;12:e67. doi: 10.1017/jns.2023.50. PMID: 37396455; PMCID: PMC10311221.
4. Huerta C, Gutschow B, Bañales J, Boyzo H, Jenkins V, Document P, **Taverno SE**, Goodkind S,

- Ragavan MI. Developing a Youth Participatory Action Research Program for Latine Youth in an Emerging Community. *Health Promot Pract*. 2023 May 22;15248399231176248. doi: 10.1177/15248399231176248. Epub ahead of print. PMID: 37212204.
5. **Taverno Ross SE**, Saunders RP, Dowda M, Pate RR. Longitudinal changes in domains of physical activity during the transition from elementary school to high school in the U.S. *J Sci Med Sport*. 2023;26(4-5):261-266. doi:10.1016/j.jsams.2023.04.005
 6. Lau E, Ashe M, **Taverno Ross SE**, Pate RR. Editorial: Sustainability of Physical Activity Interventions and Public Health. *Front Public Health*. 2022 Dec 21;10:1115411. doi: 10.3389/fpubh.2022.1115411
 7. *Nuwere E, Toto P, Gibbs BB, **Taverno Ross SE**. Planning for a Healthy Aging Program to Reduce Sedentary Behavior: Perceptions among Diverse Older Adults. *Int J Environ Res Public Health*. 2022;19(10):6068.
 8. *Liguori C, Cheng J, Liang HW, Documet P, **Ross ST**. Associations Between Parent Diet Quality and Child Sugar Sweetened Beverage Intake in Latinx Families Living in an Emerging Community. *Curr Dev Nutr*. 2022 Jun 14;6(Suppl 1):136.
 9. **Taverno Ross SE**, *Liang HW, *Cheng J, Fox AF, Documét PI. Effectiveness of a *promotores* network to improve health behaviors and outcomes in members of an emerging Latino community. *Health Educ Behav*. 2022 Apr 26;10901981221090161.
 10. Pate RR, Dowda M, Saunders RP, **Taverno Ross SE**. Patterns of age-related change in physical activity during the transition from elementary to high school. *Prev Med Reports*. 2022 Apr; 26:101712.
 11. Jones MA, Whitaker KM, **Taverno Ross SE**, Davis K, Libertus K, Gibbs BB. Maternal Sedentary Behavior and Physical Activity across Pregnancy and Early Childhood Growth. *Children*. 2021 Jul; 8(7):549.
 12. *Littleberry AD, *Amruthapuri RS, *Hunter IR, **Taverno Ross SE**, Documét, P.I. Pitt Moves: Process Evaluation for a peer-led, physical activity break intervention with University graduate students. *J Am Coll Health*. 2021 Dec 6;1-9.
 13. Gibbs BB, *Jones MA, Whitaker KM, **Ross ST**, Davis KK. Measurement of Barriers, Attitudes, and Expectations for Sitting Less in Pregnancy. *Am J Health Behav*. 2021 Nov 15;45(6):956-970. doi: 10.5993/AJHB.45.6.1. PMID: 34969408.
 14. Jones MA, Whitaker KM, **Taverno Ross SE**, Davis K, Libertus K, Gibbs BB. Maternal Sedentary Behavior and Physical Activity across Pregnancy and Early Childhood Motor Development. *Children (Basel)*. 2021;8(7):549. Published 2021 Jun 25.
 15. *Sharma NP, Documét PI, Gibbs BB, **Taverno Ross SE**. Generational Status, Language Use, Parental Limit Setting, and Screen Time in US Latinx Children. *Fam Community Health*. 2021 Jul 1;44(3):146-53.
 16. Bantham A, **Taverno Ross SE**, Sebastião E, Hall G. Overcoming barriers to physical activity in underserved populations. *Prog Cardiovasc Dis*. 2021 Jan-Feb;64:64-71.
 17. **Taverno Ross SE**, Smith Tapia I, Saunders RP, Documet PI, Pate RR. Implementation Monitoring of a Promotora-Led, Home-Based Obesity Prevention Pilot Study With Latino Preschool Children and Their Mothers. *Int Q Community Health Educ*. 2021;41(4):411-418.
 18. **Taverno Ross SE**, Militello G, Dowda M, Pate RR. Changes in Diet Quality in Youth Living in South Carolina From Fifth to 11th Grade. *J Nutr Educ Behav*. 2020 Oct;52(10):928-934.
 19. Documét PI, *Louth W, Smith-Tapia I, Jaime MC, Miller E, **Taverno Ross SE**. Pedagogic Tailoring of a Human Research Ethics Training for Community-Engaged Research With Latinos. *Health Promot Pract*. 2020 Sep 5;1524839920954122.
 20. *Natale C, Poole MK, Kalnicky EA, **Taverno Ross SE**. Guest Perceptions of Physical Activity Point-of-Decision Prompts at a Conservatory with Botanical Gardens. *Int J Environ Res Public Health*. 2019 Jun 12;16(12). doi: 10.3390/ijerph16122074.
 21. *Rupp K, **Taverno Ross SE**, Gary-Webb TL, Akiva T, Jakicic JM. Household Support for Physical Activity in Adolescent Girls Living in Primarily Low Socioeconomic Status Neighborhoods. *Int J Exerc Sci*. 2019;12(5):811-824.

22. **Taverno Ross SE**, Macia L, Documét PI, Escribano C, Kazemi Naderi T, Smith-Tapia I. Latino Parents' Perceptions of Physical Activity and Healthy Eating: At the Intersection of Culture, Family, and Health. *J Nutr Educ Behav*. 2018 Nov - Dec;50(10):968-976.
23. **Taverno Ross SE**. Interventions to promote physical activity in Latino preschool children: A scoping review. *Kines Rev*. 2018 May;7(2):151-162.
24. **Taverno Ross SE**, Barone Gibbs B, Documét PI, Pate RR. ANDALE Pittsburgh: results of a promotora-led, home-based intervention to promote a healthy weight in Latino preschool children. *BMC Public Health*. 2018 Mar 16;18(1):360.
25. **Ross SET**, Clennin MN, Dowda M, Colabianchi N, Pate RR. Stepping It Up: Walking Behaviors in Children Transitioning from 5th to 7th Grade. *Int J Environ Res Public Health*. 2018 Feb 3;15(2).
26. Barr-Anderson DJ, Flynn JI, Dowda M, **Taverno Ross SE**, Schenkelberg MA, Reid LA, Pate RR. The Modifying Effects of Race/Ethnicity and Socioeconomic Status on the Change in Physical Activity From Elementary to Middle School. *J Adolesc Health*. 2017 Nov;61(5):562-570.
27. **Taverno Ross SE**, Documét PI, Pate RR, Smith-Tapia I, Wisniewski LM, Gibbs BB. Study Protocol for a Home-based Obesity Prevention Program in Latino Preschool Children. *Transl J Am Coll Sports Med*. 2017 Jul 15;2(14):85-91.
28. Dowda M, **Taverno Ross SE**, McIver KL, Dishman RK, Pate RR. Physical Activity and Changes in Adiposity in the Transition from Elementary to Middle School. *Child Obes*. 2017 Feb;13(1):53-62.
29. *Rupp K, **Taverno Ross SE**, Lang W, Jakicic JM. Response to a standard behavioral weight loss intervention by age of onset of obesity. *Obes Sci Pract*. 2016 Sep;2(3):248-255.
30. **Ross SE**, Francis LA. Physical activity perceptions, context, barriers, and facilitators from a Hispanic child's perspective. *Int J Qual Stud Health Well-being*. 2016;11:31949.
31. **Taverno Ross SE**, Dowda M, Dishman RK, Pate RR. Classes of Physical Activity and Sedentary Behavior in 5th Grade Children. *Am J Health Behav*. 2016 May;40(3):352-61.
32. **Ross SE**, Flynn JI, Pate RR. What is really causing the obesity epidemic? A review of reviews in children and adults. *J Sports Sci*. 2016;34(12):1148-53.
33. **Taverno Ross SE**. Physical activity in Latino men and women: just one piece to the puzzle. *American journal of lifestyle medicine*. 2015; 9(1):37-39.
34. Pate RR, **Taverno Ross SE**, Liese AD, Dowda M. Associations among physical activity, diet quality, and weight status in US adults. *Med Sci Sports Exerc*. 2015 Apr;47(4):743-50.
35. **Taverno Ross SE**, Larson N, Graham DJ, Neumark-Sztainer D. Longitudinal changes in physical activity and sedentary behavior from adolescence to adulthood: comparing U.S.-born and foreign-born populations. *J Phys Act Health*. 2014 Mar;11(3):519-27.
36. **Taverno Ross SE**, Byun W, Dowda M, McIver KL, Saunders RP, Pate RR. Sedentary behaviors in fifth-grade boys and girls: where, with whom, and why?. *Child Obes*. 2013 Dec;9(6):532-9.
37. Archer E, Lavie CJ, McDonald SM, Thomas DM, Hébert JR, **Taverno Ross SE**, McIver KL, Malina RM, Blair SN. Maternal inactivity: 45-year trends in mothers' use of time. *Mayo Clin Proc*. 2013 Dec;88(12):1368-77.
38. Pate RR, O'Neill JR, Liese AD, Janz KF, Granberg EM, Colabianchi N, Harsha DW, Condrasky MM, O'Neil PM, Lau EY, **Taverno Ross SE**. Factors associated with development of excessive fatness in children and adolescents: a review of prospective studies. *Obes Rev*. 2013 Aug;14(8):645-58.
39. **Taverno Ross SE**, Dowda M, Beets MW, Pate RR. Physical activity behavior and related characteristics of highly active eighth-grade girls. *J Adolesc Health*. 2013 Jun;52(6):745-51.
40. **Taverno Ross S**, Dowda M, Saunders R, Pate R. Double dose: the cumulative effect of TV viewing at home and in preschool on children's activity patterns and weight status. *Pediatr Exerc Sci*. 2013 May;25(2):262-72.
41. **Taverno Ross SE**, Dowda M, Colabianchi N, Saunders R, Pate RR. After-school setting, physical activity, and sedentary behavior in 5th grade boys and girls. *Health Place*. 2012 Sep;18(5):951-5.
42. **Taverno Ross SE**, Francis LA, BeLue RZ, Viruell-Fuentes EA. Associations between physical activity and overweight among U.S. youth by immigrant generation: results from the 2007 National Survey of Children's Health. *J Phys Act Health*. 2012 Aug;9(6):840-8.

43. **Taverno SE**, Rollins BY, Francis LA. Generation, language, body mass index, and activity patterns in Hispanic children. *Am J Prev Med*. 2010 Feb;38(2):145-53.

Submitted Articles

1. Pate RR, **Taverno Ross SE**, Dowda M, Saunders RP. Comparison of self-reported and device-based assessment of longitudinal patterns of physical activity in youth. (Submitted to the *Journal of Science and Medicine in Sport*).

Published practice-oriented articles, materials, blogs, and commentaries

1. Nocera, VG, **Taverno Ross SE**, Hasson RE. Equality vs. equity-based approaches to promoting health and fitness in diverse populations. *ACSM's Health & Fitness Journal*. 2022;26(1):5-9.
2. **Taverno Ross SE** & Stuhr R. Keeping Children Active During the Coronavirus Pandemic. American College of Sports Medicine / Exercise is Medicine handout. 2020. Available at: https://www.exerciseismedicine.org/wp-content/uploads/2021/02/EIM_Rx-for-Health_-Keeping-Children-Active-During-Coronavirus-Pandemic.pdf
3. **Taverno Ross SE**, Hasson R, Johnson M, Nocera V, Sallis J, Simon L, *Wheeler L, & the ACSM Strategic Health Initiative on Health Equity. The urgency of now: Achieving equity in school physical activity policies and practices during the COVID-19 pandemic. American College of Sports Medicine Blog post. 2020. Available at: <https://www.acsm.org/blog-detail/acsm-blog/2020/09/24/urgency-equity-school-physical-activity-policies-practices-during-covid-19-pandemic>
4. **Taverno Ross SE**, *Mussington M, *Roberts L, *Wheeler LM. Roadmap for K-12 Education: Recess & Physical Education. Perkins & Will Toolkit. 2020. Available at: https://issuu.com/perkinswill/docs/recess_physical_education_guidance_for_re-openin

PRESENTATIONS

Invited Academic Presentations

1. “*Promotores* in Action: Utilizing Community-Engaged Research to Address Child Obesity Inequities in an Emerging Latino Community.” Mel & Enid Zuckerman College of Public Health College-Wide Seminar, University of Arizona, Tucson, AZ. February 2024.
2. “*Promotores de salud* as a vehicle to promote health equity in Latinx families.” Health Equity Summit Faculty Panel, Pennsylvania Department of Health’s Office of Health Equity, Pittsburgh, PA. April 2022.
3. “Public Health Careers-Explore the 10 Essential Services: Assurance Function” Panel, Mid-Atlantic Region Public Health Training Center EXPO Exchange. Pittsburgh, PA. March 2022.
4. “*Promotores de salud* as a vehicle to promote health and physical activity in Latinx families,” College of Nursing and Health Sciences Research Seminar Series, University of Massachusetts Boston. November 2021.
5. “Designing and Implementing Research Studies to Promote Health Equity and Inclusion,” Early Career Committee of the Lifestyle Council Panel, American Heart Association EPI/Lifestyle annual meeting. May 2021.
6. “The Early Career Reviewer Program,” Center for Scientific Review Webinar, National Institutes of Health. May 2021.
7. “Community-based approaches to promote health equity in Latinx families,” PitAND Fall 2020 Webinar Series: Diversity in Dietetics, Pittsburgh Academy of Nutrition & Dietetics, Pittsburgh, PA. October 2020.
8. “COVID-19: The Pittsburgh Latinx Community Experience and Response,” Hispanic Heritage Month Townhall Panel Moderator, Office of Diversity and Inclusion, University of Pittsburgh, Pittsburgh, PA. September 2020.

9. "Equity, Antiracism, and Remote Teaching and Learning Strategies," PittEd Justice Collective Panel, School of Education, University of Pittsburgh, Pittsburgh, PA. August 2020.
10. "Giving a Face to Health Equity: Promoting Cultural Humility and Awareness in Health and Physical Activity Master's Students," Extended Diversity Poster Presentation, Provost's Institute for Faculty Development, University Center for Teaching and Learning, University of Pittsburgh, Pittsburgh, PA. May 2020.
11. "Keeping Active at Home during COVID-19 and Beyond," National Minority Health Month Webinar, The Center for Health Equity and the Office of Health Sciences Diversity, University of Pittsburgh, Pittsburgh, PA. April 2020.
12. "Testing the feasibility and acceptability of the physical activity arm of a promotora-led, home-based intervention in Latinx children of immigrants." 2nd Annual Healthy Lifestyle Institute Summit, University of Pittsburgh, Pittsburgh, PA. December 2019.
13. "Interventions to promote physical activity in Latinx preschool children." Mid-Atlantic Regional Chapter of the American College of Sports Medicine (MARC-ACSM) annual conference, Harrisburg, PA. November 2019.
14. "Pitt Moves: The importance of physical activity," Graduate School of Public Health, University of Pittsburgh, Pittsburgh, PA. April 2018.
15. "Responding to Reality: Advocating for Healthy Children in Urban Communities and Schools," Center for Urban Education Panel, School of Education, University of Pittsburgh, Pittsburgh, PA. February 2018.
16. "A community-based approach to addressing the child obesity disparity in Latino children of immigrants." East Carolina University, Greenville, NC. November 2017.
17. "Health & Physical Activity Diversity Enrichment Series." Year of Diversity Summary: Poster Presentations and Roundtable Discussions. University of Pittsburgh. Pittsburgh, PA. April 2017.
18. "Taking it to the street: moving activity out of the laboratory and into the community." Symposium "Physical Activity and Obesity: The Integration of Physiology and Behavior." The Obesity Society annual meeting. Los Angeles, CA. November 2015.
19. "Physical Activity and Academic Achievement." Center for Urban Education Brown Bag series facilitator. University of Pittsburgh. January 2015.
20. "Combating child obesity with physical activity." Symposium "The Role of Exercise in Obesity: An Ounce of Prevention is Worth a Pound of Cure". Mid-Atlantic Regional Conference American College of Sports Medicine. Harrisburg, PA. October 2014.

Invited Community Presentations

1. "Best practices to promoting a healthy lifestyle in an emerging Latino community." PA Nutrition Education Network training, Pittsburgh, PA. August 2023.
2. "Implicit Bias, Racism, and How to be Antiracist," LAMP Mentoring Program training, Family Guidance, Inc., Pittsburgh, PA. July 2020.
3. "Physical activity and play for families: why, how much, and how to," Let's Move Pittsburgh 5210 Speaker Series, Phipps Conservatory and Botanical Gardens, Pittsburgh, PA. October 2019.
4. "Getting Kids Moving at School." Arsenal Elementary School Teacher's Professional Development workshop. Pittsburgh, PA. May 2017.
5. "Physical Activity Breaks: More than Fitness." Pittsburgh Public Schools Physical Education Teachers Professional Development workshop. Pittsburgh, PA. November 2016.
6. "Physical Activity & Your Health." Urban League of Great Pittsburgh Lunch & Learn. Pittsburgh, PA. January 2016.
7. "Healthy Employees are Better Employees." Western Pennsylvania School Superintendent's Forum Fall Leadership Retreat. Farmington, PA. December 2015.
8. "Get moving! Physical Activity for your Health." Navigating Pittsburgh 2015 Summit. Pittsburgh, PA. November 2015.
9. "Childhood Obesity: the role of LMCTC." Let's Move! Cities, Towns, and Counties Region VII/VIII Joint Quarterly Call. September 2015.

Professional Conference Presentations

* designates student author

1. *Marrero-Rivera JP, Gibbs BB, Whitaker KM, Bagnato SJ, Gordon BDH, *Hartung C, *Williamson C, **Taverno Ross SE**. Associations between Prenatal Physical Activity and Toddler Developmental Outcomes: Preliminary Findings from the Pregnancy 24/7 Offspring Study. American College of Sports Medicine Annual Meeting, Atlanta, GA. June 2025. (Accepted).
2. *Williamson C, Wilhite K, *Thrower A, *Marshall E, *Marrero-Rivera JP, Gallagher JB, **Taverno Ross SE**, Gibbs BB, Whitaker KM. Environmental Supports for Physical Activity During Pregnancy Across Levels of Rurality. American College of Sports Medicine Annual Meeting, Atlanta, GA. June 2025. (Accepted).
3. *Arreola AM, Barve A, Fajt ML, Wenzel SE, Hernandez W, Demirci Y, **Taverno Ross SE**. Association Between Genetic Variant Burden and Risk and Severity of Chronic Respiratory Diseases. Dean's Student Research Day, School of Public Health, University of Pittsburgh, Pittsburgh, PA. April 2025.
4. *Arreola AM, Barve A, Fajt ML, Wenzel SE, Hernandez W, Demirci Y, **Taverno Ross SE**. Association Between Genetic Variant Burden and Risk and Severity of Chronic Respiratory Diseases. Pennsylvania Association of Genetic Counselors Annual Conference, Conshohocken, PA. April 2025. April 2025.
5. *Arreola A, *McClellan C, Wagner L, Johnson D, Alang S, **Taverno Ross SE**. The Healthy Communities, Services, and Lifestyles (HCSL) Project: Centering community voices to imagine health in the Hill District. Health Disparities and Social Justice Poster Competition, Office of Health Sciences Diversity, Equity and Inclusion, University of Pittsburgh, Pittsburgh, PA. March 2025.
6. *Williamson C, Wilhite K, *Thrower A, *Marshall E, *Marrero-Rivera JP, Gallagher JB, **Taverno Ross SE**, Gibbs BB, Whitaker KM. Environmental Supports for Physical Activity During Pregnancy Across Levels of Rurality. 2025 Health Disparities and Social Justice Poster Competition, Office of Health Sciences Diversity, Equity, and Inclusion, University of Pittsburgh, Pittsburgh, PA. March 2025.
7. **Taverno Ross SE**, Alang S, *Arreola A, Wagner L, Johnson D, *McClellan C. The heart of community-engagement: exploring respect, reflexivity, reciprocity, and responsiveness in practice. Community Engaged Scholarship Forum Workshop, University of Pittsburgh, Pittsburgh, PA. March 2025.
8. *Williamson C, Wilhite K, *Thrower A, *Marshall E, *Marrero-Rivera JP, Gallagher JB, **Taverno Ross SE**, Gibbs BB, Whitaker KM. Environmental Supports for Physical Activity During Pregnancy Across Levels of Rurality. Council for the Graduate Students in Education (CGSE) Annual Conference, University of Pittsburgh, Pittsburgh, PA. February 2025. (*Won "Most Engaging Poster" Award).
9. *Arreola AM, *McLean CA, *Huang Z, Alang SM, **Taverno Ross SE**. The Healthy Communities, Services, and Lifestyles (HCSL) Project: Elevating community voices to shape future health in the Hill District. Student Practicum Poster Showcase, Center for Public Health Practice, University of Pittsburgh, Pittsburgh, PA. November 2024. (Poster Won 2nd Place)
10. Whitaker KM, Jones MA, **Taverno Ross SE**, Feghali M, Haggerty T, Roghair R, Zimmerman B, Barone Gibbs, B. Study Design and Preliminary Data: The Pregnancy 24/7 Offspring Study. United States Developmental Origins of Health and Disease (DOHaD) Conference, Chapel Hill, NC, October 2024.
11. *Cameron FA, **Ross, SE**, Vedam S, Documét P, Youk A, Salter, C. Exploring factors associated with obstetric violence and respectful maternity care among Latinx childbearing people in the United States: Secondary analysis of the giving voices to mothers dataset. American Public Health Association Annual Meeting. Minneapolis, MN. October 2024.

12. **Taverno Ross SE**, Akiva T, Osai E. The EdD On-Ramp: Socializing new students to become equity-focused scholarly practitioners. 2024 Carnegie Project on the Education Doctorate (CPED) Convening, Waikiki, Hawaii. October 2024.
13. *Escribano C, **Taverno Ross SE**. Training for Change: The Impact of Scratch Cooking Initiatives on Food Service Staff and Student Participation. Food and Nutrition Conference & Expo (FNCE). October 2024.
14. *Escribano C, **Taverno Ross SE**. Can Integrating Scratch Cooking and Staff Skill Development Improve School Cafeterias? School Nutrition Association of Pennsylvania (SNAPA) Annual Conference, Pocono Manor, PA. August 2024.
15. *Arreola AM, Huang Z, Alang SM, **Taverno Ross SE**. The Healthy Communities, Services, and Lifestyles (HCSL) Project: Elevating community voices to shape a future Healthy Lifestyle Institute in the Hill District. Dean's Student Research Day, School of Public Health, University of Pittsburgh, Pittsburgh, PA. April 2024.
16. *Escribano C, **Taverno Ross SE**. Nourishing the Future: Integrating Scratch Cooking and Staff Skill Development in School Cafeterias to Combat Students' Ultra-Processed Food Consumption. University of Pittsburgh Council of Graduate Students in Education Conference 2024, Pittsburgh, PA. April 2024.
17. *Marrero-Rivera JP, Bagnato SJ, Whitaker KM, Gibbs BB, **Taverno Ross SE**. Prenatal and Early Childhood Physical Activity on Cognitive Attributes and Behaviors in 24-Month-Old Children: Preliminary Findings of a Diversity Supplement Study. University of Pittsburgh Council of Graduate Students in Education Conference 2024, Pittsburgh, PA. April 2024.
18. *Arreola AM, Huang Z, Alang SM, **Taverno Ross SE**. The Healthy Communities, Services, and Lifestyles (HCSL) Project: Elevating community voices to shape a future Healthy Lifestyle Institute in the Hill District. 2024 Health Disparities and Social Justice Research Day, Office of Health Sciences Diversity, Equity and Inclusion, University of Pittsburgh, Pittsburgh, PA. April 2024.
19. **Taverno Ross SE**, *Chelles MS, Documet, PI, Leyva D. Recipe for Success: Designing a home-based, promotora-led intervention to promote literacy and healthy diet in Latino preschool children. 2024 Pennsylvania Rural Community and Public Health Conference. University Park, PA. April 2024.
20. Sierra, E, Documet, PI, **Taverno Ross SE**. Using PhotoVoice to explore environmental sustainability among Latinos in an emerging community. American Public Health Association Annual Meeting. Atlanta, GA. November 2023.
21. *Sobkowiak OO, Liguori CA, **Taverno Ross SE**. Relevance of food labels in purchasing habits of university-age students. MARC ACSM Annual Meeting. Lancaster, PA. November 2023.
22. *Sobkowiak OO, Liguori CA, **Taverno Ross SE**. Key factors determining food purchasing behaviors of college students. Fall Undergraduate Research and Creative Expression Fair. University of Pittsburgh, Pittsburgh, PA. October 2023.
23. * Cousins T, **Taverno Ross SE**. Breastfeeding Experiences and Barriers among Mothers with Perceived Insufficient Milk Supply. 2023 Food & Nutrition Conference & Expo. Denver, CO. October 2023. (Awarded 'Outstanding Abstract')
24. *Passerello CW, Davis K, **Taverno Ross SE**, Onufer L. Development and Assessment of Cultural Competemility among Supervised Experiential Learning Preceptors in Nutrition and Dietetics Education. 2023 Food & Nutrition Conference & Expo (FNCE). Denver, CO. October 2023.
25. *Liguori CA & **Taverno Ross SE**. Targeted Messaging Techniques to Encourage Healthy Food Purchasing: A Proposed Study Protocol. 2023 American Society of Nutrition Annual Conference. Boston, MA. July 2023.
26. *Marrero-Rivera JP & **Taverno Ross SE**. The Relationship Between Physical Activity, Cognition, And Academic Outcomes In School-aged Latino Children: Preliminary Findings Of A Scoping Review. American College of Sports Medicine Annual Meeting, Denver, CO. June 2023.
27. *Roberts LM & **Taverno Ross SE**. Improving elementary students' social-emotional health through and after-school mentorship physical activity program. American College of Sports Medicine Annual Meeting, Denver, CO. June 2023.

28. **Taverno Ross SE**, Documet, PI, Leyva D. Delivering Non-Directive Social Support to Align with Latino Cultural Knowledge and Practices. Pennsylvania Public Health Association Annual Meeting. University Park, PA. June 2023.
29. *Sierra, E, Documet, PI, **Taverno Ross SE**. Using PhotoVoice to explore environmental sustainability among Latinos in an emerging community. Pennsylvania Public Health Association Annual Meeting. University Park, PA. June 2023.
30. *Liguori CA & **Taverno Ross SE**. Targeted Messaging Techniques to Encourage Healthy Food Purchasing: A Proposed Study Protocol. Department of Health and Human Development (HHD) Showcase of Excellence, University of Pittsburgh, Pittsburgh, PA. April 20, 2023.
31. *Marrero-Rivera JP, *Sobkowiak OO, Sgourakis A, **Taverno Ross SE**. The Relationship Between Physical Activity, Cognition, And Academic Outcomes In School-aged Latino Children: Preliminary Findings Of A Scoping Review. Department of Health and Human Development (HHD) Showcase of Excellence, University of Pittsburgh, Pittsburgh, PA. April 20, 2023.
32. *Sobkowiak OO, *Sierra E, *Marrero-Rivera JP, Documet PI, **Taverno Ross SE**. Reduce, Reuse, Recycle: A Reexamination of Sustainability through the Latino Perspective. Department of Health and Human Development (HHD) Showcase of Excellence, University of Pittsburgh, Pittsburgh, PA. April 20, 2023.
33. * Sierra E, **Taverno Ross SE**, Marrero Rivera JP, Documet PI. Using Photovoice to Explore Environmental Sustainability Among Latinos in an Emerging Community. Dean's Day Forum, School of Public Health, University of Pittsburgh, Pittsburgh, PA. April 5, 2023.
34. *Smietana-Lysell T & **Taverno Ross SE**. Assessing the Effectiveness of Simulation Activities in a Financial Literacy High School Course. University of Pittsburgh Council of Graduate Students in Education Conference 2023, Pittsburgh, PA. March 30, 2023.
35. *Liguori CA & **Taverno Ross SE**. Targeted Messaging Techniques to Encourage Healthy Food Purchasing: A Proposed Study Protocol. University of Pittsburgh Council of Graduate Students in Education Conference 2023, Pittsburgh, PA. March 30, 2023.
36. **Taverno Ross SE**, Leyva D, Documet PI. Delivering Social Support to Align with Latino Cultural Knowledge and Practices. Latinx Connect Conference, Pittsburgh, PA. October 2022.
37. *Liguori CA, Cheng J, Liang HW, Documet PI, **Taverno Ross SE**. Associations between Parent Diet Quality and Child Sugar Sweetened Beverage Intake in Latinx Families Living in an Emerging Community. Nutrition 2022 Live Online. June 2022.
38. *Marrero-Rivera JP, Documet PI, *Cerqueira M, Hernandez V, **Taverno Ross SE**. *Activos Juntos*: A 7-week, home-based, Physical Activity Intervention for Latinx Families Led by a *Promotora*. 2022 Pennsylvania Community and Public Health Conference, University Park, PA. June 2022.
39. Hernandez V, Documet PI, *Cerqueira M, *Marrero-Rivera JP, **Taverno Ross SE**. Process evaluation of a promotora-led, physical activity program targeting Latino preschool children. 2022 Pennsylvania Community and Public Health Conference, University Park, PA. June 2022.
40. *Roberts L. & **Taverno Ross SE**. P Improvement of Student's Social-Emotional Health through an Afterschool Physical Activity Program. 2022 Pennsylvania Community and Public Health Conference, University Park, PA. June 2022.
41. *Marrero-Rivera JP, Documet PI, Paley JL, *Cerqueira M, Hernandez V, **Taverno Ross SE**. Results of a Home-Based, Promotora-led Pilot Physical Activity Intervention with Latino preschoolers and their Mothers. American College of Sports Medicine Annual Meeting, San Diego, CA. June 2022.
42. **Taverno Ross SE**. The effect of COVID-19 on children's health and physical activity. Presented as part of a Symposium Session entitled: "*The urgency of now: Achieving equity in school physical activity policies and practices during COVID-19 and beyond.*" American College of Sports Medicine Annual Meeting, San Diego, CA. June 2022.
43. *Liguori CA & **Taverno Ross SE**. Examining Motivations for Food Choice: A Proposal of Methods. University of Pittsburgh Council of Graduate Students in Education Conference 2022, Pittsburgh, PA. April 2022.

44. *Marrero-Rivera JP, Documet PI, *Cerqueira M, Hernandez V, **Taverno Ross SE**. Preliminary Results of a Home-based, Promotora-led Pilot Physical Activity Intervention with Latino Preschoolers and their Mothers. University of Pittsburgh Council of Graduate Students in Education Conference 2022, Pittsburgh, PA. April 2022.
45. *Marrero-Rivera JP, Documet PI, Cerqueira M, Hernandez V, **Taverno Ross SE**. Preliminary Results of a Home-based, Promotora-led Physical Activity Intervention with Latino Preschoolers and their Mothers. University of Pittsburgh Office of Health Sciences Health Disparities and Social Justice Competition, Pittsburgh, PA. April 2022.
46. *Roberts L. & **Taverno Ross SE**. Program to Improve Social-Emotional Health in a Rural Title 1 School. University of Pittsburgh Office of Health Sciences Health Disparities and Social Justice Competition, Pittsburgh, PA. April 2022.
47. **Taverno Ross SE**. Equity-based approaches to promoting health & fitness in culturally- and linguistically-diverse communities. Presented as part of an online Symposium Session entitled: "Equality vs. Equity-Based Approaches to Promoting Health and Fitness in Diverse Populations." American College of Sports Medicine International Health and Fitness Summit, Dallas, TX. April 2022.
48. **Taverno Ross SE**, Documet PI, *Cerquiera M, Guevara, P. Developing a home-based, physical activity intervention with Latinx parents of preschool children. American Public Health Association Annual Meeting, Denver, CO. October 2021.
49. **Taverno Ross SE** & Documet PI. Health Challenges and Opportunities in an Emerging Latinx Community. Latinx Connect Conference, Pittsburgh, PA. October 2021.
50. Ragavan M, Documet PI, **Taverno Ross SE**. Language Justice in Research. University of Pittsburgh Diversity Forum, Pittsburgh, PA. July 2021.
51. **Taverno Ross SE** & Documet PI. *Promotores de Salud*: A Vehicle to Dismantle Oppression in the Latinx Community. University of Pittsburgh Diversity Forum, Pittsburgh, PA. July 2021.
52. **Taverno Ross SE**, *Liang HW, Documet PI. *Raices*: Results Of A Promotores Network In Improving Physical Activity And Diet In Adults Living In An Emerging Latinx Community. American College of Sports Medicine Annual Meeting, Denver, CO. June 2021.
53. *Jones MA, Davis K, **Taverno Ross SE**, Libertus K, Gibbs BB. Associations of Sedentary Behavior and Physical Activity during Pregnancy on Early Childhood Growth Pattern. American College of Sports Medicine Annual Meeting, Denver, CO. June 2021.
54. *Sebastian J, **Taverno Ross SE**. Perceptions and Motivations to the Utilization of Preventive Care by Labor Union Members. Society for Public Health Education Annual Meeting, St. Louis, MO. April 2021.
55. **Taverno Ross SE**, Christophersen M, Documet PI, Developing Smart Goals with Latinos to Address Their Life Concerns Surrounding Physical Activity And Recreation. American College of Sports Medicine Annual Meeting, San Francisco, CA. May 2020 (conference cancelled due to COVID-19). Abstract published in *Med Sci Sport Exerc*, 52(5 Suppl).
56. *Cousins TA, **Taverno Ross SE**, Breastfeeding Experiences and Barriers among Mothers with Perceived Insufficient Milk Supply. Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Exhibition, King of Prussia, PA. April 2020 (Presented in an interactive, virtual format; in-person conference cancelled due to COVID-19).
57. **Taverno Ross SE**, Documet PI, Christophersen M, Guevara P, *Rangel, A. Participant and promotor satisfaction with a culturally tailored intervention to improve health behaviors and outcomes in individuals living in an emerging Latinx community. Pennsylvania Public and Community Health Annual Conference, Lancaster, PA. Accepted for oral presentation April 2020 (conference cancelled due to COVID-19 pandemic).
58. *Gabarda A, Fennimore LA, **Taverno Ross SE**. The Community Action Poverty Simulation: A Powerful Learning Experience in Public Health to Improve Understanding of and Attitudes Towards Poverty. Society for Public Health Education Annual Meeting. Atlanta, GA. March 2020.
59. Documet PI, Louth W, Christophersen M., **Taverno Ross, S.E.** Developing SMART goals with members of an emerging Latino community to address their life concerns. Roundtable presented at

- the American Public Health Association Annual Meeting, Philadelphia, PA. November 2019.
60. **Taverno Ross SE**, Documet PI, Christophersen M, *Rangel A, Guevara P. Participant and *promotor* satisfaction following an intervention to improve access to care and health behaviors in Latinos living in an emerging community. Roundtable presented at the American Public Health Association Annual Meeting, Philadelphia, PA. November 2019.
 61. *Gabarda A & **Taverno Ross SE**. Using The Community Action Poverty Simulation© to Improve Understanding of and Attitudes Towards Poverty, and Confidence Working with Individuals Experiencing Poverty in Lifestyle Health Coaching. Institute of Coaching Annual Meeting, Boston, MA. October 2019.
 62. **Taverno Ross SE**. *Promotores de salud* as a vehicle to promote physical activity in Latino children and families. Presented as part of a Symposium Session entitled: “*Muévanse!*: Novel Approaches to Promoting Physical Activity in Latinos.” American College of Sports Medicine Annual Meeting, Orlando, FL. May 2019.
 63. Documet PI, Christophersen M, Louth W, **Taverno Ross SE**. Use of an elicitation intervention tool to identify life concerns and develop SMART goals with members of an emerging Latino community. Pennsylvania Public and Community Health Annual Conference, Lancaster, PA. April 2019.
 64. Ruiz C, Pardo P, De Ferrari R, Documet P, Savage K, Musante K, Bruce K, **Ross SE**, Morgenstern S. Ojo Latino: a community photovoice project. Community Engaged Scholarship Forum, University of Pittsburgh, Pittsburgh, PA. March 2019.
 65. Documet PI, **Taverno Ross SE**, Christophersen M, Louth W, Guevara P. Engaging Latino community members and students in a community health worker intervention. Community Engaged Scholarship Forum, University of Pittsburgh, Pittsburgh, PA. March 2019.
 66. Sharma NP, Gibbs BB, Documet PI, **Taverno Ross SE**. Are Latino preschool children meeting 5-2-1-0 recommendations? American College of Sports Medicine Annual Meeting, Minneapolis, MN. May 2018.
 67. Scudder MR, Sharma NP, **Taverno Ross SE**, Jakicic JM. The contribution of a community-based gym and aquatics program to physical activity in children. American College of Sports Medicine Annual Meeting, Minneapolis, MN. May 2018.
 68. Sharma NP, Gibbs BB, Documet PI, **Taverno Ross SE**. Are Latino preschool children meeting 5-2-1-0 recommendations? Pennsylvania Public and Community Health Annual Conference, Lancaster, PA. April 2018.
 69. Documet PI, **Taverno Ross SE**, Smith-Tapia I, Jaime C, Miller E. Adaptation of CPRET for Community-Engaged Research with Latinos. Pennsylvania Public and Community Health Annual Conference, Lancaster, PA. April 2018.
 70. **Taverno Ross SE**. A *Promotora*-Mediated, Family-based Intervention to Prevent Obesity in Latino Preschool Children: Lessons Learned. Presented as part of a Symposium Session entitled: “Wiggle It, Just a Little Bit! Interventions to Promote Physical Activity in Preschool Children: Lessons Learned.” American College of Sports Medicine Annual Meeting, Denver, CO. May 2017.
 71. **Taverno Ross SE**, Smith-Tapia I, Saunders RP, Documet PI, Pate RR. Process Evaluation of a promotora-led, home-based obesity prevention program targeting Latino preschool children. Society for Behavioral Medicine Annual Meeting, San Diego, CA. April 2017.
 72. **Taverno Ross SE**, Smith-Tapia I, Saunders RP, Documet PI, Pate RR. Process Evaluation of a promotora-led, home-based obesity prevention program targeting Latino preschool children. Pennsylvania Public Health Association and the Pennsylvania Office of Rural Health Annual Meeting, Lancaster, PA. April 2017.
 73. **Taverno Ross SE**, Documet PI, Pate RR, Smith-Tapia I, *Wisniewski LM, Gibbs, B. B. ANDALE Pittsburgh – outcomes of a home-based intervention to prevent obesity in Latino preschool children. Pennsylvania Public Health Association and the Pennsylvania Office of Rural Health Annual Meeting, Lancaster, PA. April 2017.
 74. *Ruiz C, Pardo P, De Ferrari R, Documet P, Savage K, Musante K, Bruce K, **Ross SE**, Morgenstern S. Ojo Latino: a community photovoice project. Pennsylvania Public Health

- Association and the Pennsylvania Office of Rural Health Annual Meeting, Lancaster, PA. April 2017.
75. *Ruiz C, Pardo P, De Ferrari R, Documet P, Savage K, Musante K, Bruce K, **Ross SE**, Morgenstern S. OjO Latino: Pittsburgh Latino Immigrants Photo-Voice Project. Year of Diversity Summary: Poster Presentations and Roundtable Discussions. University of Pittsburgh. Pittsburgh, PA. April 2017.
 76. *Sharma NP, **Taverno Ross SE**, Gibbs BB. The Relationship between parent education and limit setting on TV viewing and sugar-sweetened beverage consumption in Latino preschool children. University of Pittsburgh Health Sciences 2017 Health Disparities Poster Presentations. Pittsburgh, PA. March 2017.
 77. *Sharma NP, **Taverno Ross SE**, Gibbs BB. The Relationship between parent education and limit setting on TV viewing and sugar-sweetened beverage consumption in Latino preschool children. Center for Graduate Studies in Education Research Conference, University of Pittsburgh, Pittsburgh, PA. March 2017.
 78. *Kendrick K, *Clune D, **Taverno Ross SE**, Baxter J, Magnu J, Jancel M, Goyal S. It takes a village: A collaborative, after-school intervention to prevent obesity in African American children in Pittsburgh. Family Medicine Education Consortium Annual Meeting, Pittsburgh, PA. October 2016.
 79. **Taverno Ross SE**, Documet PI, Pate RR, Saunders RP, Macia L, Smith-Tapia, I., *Wisniewski, L. ANDALE Pittsburgh – study protocol for a *promotora*-mediated, family-based intervention to prevent obesity in Latino preschool children. American College of Sports Medicine’s Annual Meeting, Boston, MA. June 2016.
 80. **Taverno Ross SE**, Documet PI, Macia L, *Escribano C, Mirzakazemi T, Smith-Tapia I. At the intersection of culture, family, and health: what Latino parents of preschoolers want regarding physical activity and nutrition. American College of Sports Medicine’s Annual Meeting, Boston, MA. June 2016.
 81. **Taverno Ross SE**, Documet PI, Macia L, *Escribano C, *Mirzakazemi T, Sanchez I. Latino parents’ of preschoolers perceptions of a healthy lifestyle. Pennsylvania Public Health Association and the Pennsylvania Office of Rural Health Annual Meeting, Lancaster, PA. April 2016.
 82. *Rupp K, **Taverno Ross SE**, Jakicic JK. Effectiveness of a behavioral weight loss program in participants with adult-onset and juvenile-onset obesity. American College of Sports Medicine Annual Meeting, San Diego, CA. May 2015.
 83. **Taverno Ross SE**, & Francis LA. Physical activity beliefs, facilitators, and barriers for Hispanic children of immigrants. 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA. April 2014.
 84. **Taverno Ross SE**, Dowda M, Liese AD, Pate RR. Physical activity, diet quality and weight status in U.S. adults: Associations within and across age groups. 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA. April 2014.
 85. **Taverno Ross SE**, McIver KL, Dowda M, Pate RR. Associations among physical activity, diet, and weight status in 6th grade children. Healthy Eating in Context: Bridging gaps, linking communities. Center for Nutrition and Health Disparities, University of South Carolina, Columbia, SC. March 2013.
 86. **Taverno Ross SE**, Colabianchi N, Saunders RP, Dowda M, Pate RR. Associations between After-School Settings with Physical Activity and Sedentary Behavior in 5th Grade Children. American College of Sports Medicine Annual Meeting, San Francisco, CA. May 2012.
 87. **Taverno SE**, BeLue R, Francis LA. Physical activity and overweight by immigrant generation: Results from the 2007 National Survey of Children’s Health. American Public Health Association Annual Meeting, Denver, CO. November 2010.
 88. **Taverno SE**, BeLue R, Francis LA. Physical activity and overweight by immigrant generation: Results from the 2007 National Survey of Children’s Health. Center for Family Research in Diverse Contexts 10th Anniversary Student Poster Session, The Pennsylvania State University, University Park, PA, April 2010.

89. Rollins BY, **Taverno SE**, Francis LA, Smith E. Physical activity in after-school programs serving low-income youth in Lancaster and Harrisburg, Pennsylvania. Center for Family Research in Diverse Contexts 10th Anniversary Student Poster Session, The Pennsylvania State University, University Park, PA, April 2010.
90. **Taverno SE**, Rollins B, Francis LA. Acculturation, BMI and activity patterns among Hispanic children in the U.S. Society of Public Health Education Annual Meeting, San Diego, CA, October 2008.
91. **Taverno SE**, Rollins B, Francis LA. The influence of acculturation on Hispanic children's health behaviors and weight status. Pediatric Research Day Annual Meeting, Penn State Hershey Children's Hospital, Hershey, PA, April 2008.
92. **Taverno SE**, Rollins B, Francis LA. Higher acculturation is associated with better health behaviors in Hispanic immigrant children. Graduate Research Exhibition Annual Meeting, The Pennsylvania State University, University Park, PA, March 2008.

AWARDS AND HONORS

Dean's Scholar of Health, Wellness, and Engagement, School of Education, University of Pittsburgh, Pittsburgh, PA (2023-2024)
 Fellow, American College of Sports Medicine (2022)
 Faculty Cohort Member (Spring 2022), Big Proposal Boot Camp, Office of the Senior Vice Chancellor for Research, University of Pittsburgh
 Faculty Fellow, Extended Diversity Experience (2019-2020), Office of the Provost, University of Pittsburgh
 Fellow, Mentoring Women to Fellowship Program (2018-2019), American College of Sports Medicine
 Hintz Graduate Education Enhancement Fellowship Award (2010-2011; 2007-2008), The Pennsylvania State University
 Graduate Student Research Endowment (2010), College of Health and Human Development, The Pennsylvania State University
 SOPHE 21st Century Student Scholarship Award (2008), Society for Public Health Education
 Teaching Excellence Award (2007), Spanish Basic Language Program, The Pennsylvania State University

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

National Organization Memberships

American College of Sports Medicine 2011–current
 American Public Health Association. 2008-2010, 2019-current
 Society for Behavioral Medicine 2016 – 2018
 Society for Public Health Education 2008-2010

University Affiliations

Caring for Complex Chronic Conditions Research Center, University of Pittsburgh (2021-present)
 Institute for International Studies in Education, University of Pittsburgh (2019-present)
 Center for Urban Education, School of Education, University of Pittsburgh (2017-present)
 Center for Latin American Studies, University of Pittsburgh (2014-present)
 The Center for Health Equity, University of Pittsburgh (2014-present)
 Healthy Lifestyle Institute, University of Pittsburgh (2019-2021)
 Vice President, University of South Carolina Postdoctoral Association (2013-2014)
 Consortium for Latino Immigration Studies, University of South Carolina (2012-2014)

TEACHING & ADVISING

University of Pittsburgh

HHD 3116 – Resource and Funding Acquisition for Health Promotion, 2024 – present

HHD 3114 - Evidence-based Lifestyle Program Design and Evaluation, 2016 -present
 EDUC 3007 - Practitioner Inquiry 3, Spring 2021, Spring 2023, Spring 2025
 HHD 1050 – Supervision and Administration in Child/Youth Work Settings, Spring 2025
 HHD 1007 – Methods of Evidence-based Practice, Fall 2024
 HHD/HPA 2320 - Psychosocial Aspects of Health, 2015 - 2023
 HHD/PSYED 1041/2 - Child & Youth Work Practice 1, 2020-2022
 HHD 3115 - Health Promotion Policy & Program Implementation, 2017 – 2022
 EDUC 3001/3002 - Practitioner Inquiry 1: The Science of Improvement / Foundations 1: Becoming a
 Leader Scholar Practitioner, Summer 2021-2022
 HHD/PSYED 1043 - Child & Youth Work Practice 2, Spring 2021
 HHD/HPA 1489 - Special Topics in Health and Physical Activity (Module on Diversity and Social Justice),
 2016 – 2020

The Pennsylvania State University

Foundations and Principles of Health Promotion, 2010
 Elementary Spanish II, 20016-2007

Guest Lectures

Pursuing Funding for Health Equity: My Research Journey. First Year Seminar II (EDUC 3105). March 2025.
Promoting Health Equity in Emerging Latino Communities. Essentials of Health Equity: Exploring Social and Structural Determinants of Health (PUBHLT 0120). March 2025
Health Equity. Practitioner Inquiry 1: The Science of Improvement / Foundations 1: Becoming a Leader Scholar Practitioner, School of Education Doctoral Course, University of Pittsburgh. July 2022, June 2023;
Best Practices for Survey Design. Practitioner Inquiry 1: The Science of Improvement / Foundations 1: Becoming a Leader Scholar Practitioner, School of Education Doctoral Course, University of Pittsburgh. July 2022.
My Professional and Research Path Forward. First Year Seminar I (EDUC 3102), University of Pittsburgh. September 2021.
Equity and Justice in Health and Physical Activity. Practitioner Inquiry 1: The Science of Improvement / Foundations 1: Becoming a Leader Scholar Practitioner, School of Education Doctoral Course, University of Pittsburgh. 2020.
Promoting health equity in Latinx families using community-engaged methods. Future of Out of School Learning, School of Education Doctoral Course, University of Pittsburgh. 2020.
Mixed Methods Research. Introduction to Applied Research, Graduate School of Public Health Master's Course, University of Pittsburgh, Pittsburgh, PA. 2018.
Combating Child Obesity with Physical Activity. Human Growth and Development, Department of Social and Behavioral Sciences, Midlands Technical College, Columbia, SC. 2013.
La actividad física en los niños Latinos. Spanish for Healthcare Providers, Department of Spanish, Italian and Portuguese Undergraduate Course, The Pennsylvania State University, University Park, PA. 2009.
Community Health Theories and Models. Foundations and Principles of Health Promotion, Department of Biobehavioral Health Undergraduate Course, The Pennsylvania State University, University Park, PA. 2009.
Socio-cultural Applications in Health Promotion. Foundations and Principles of Health Promotion, Department of Biobehavioral Health Undergraduate Course, The Pennsylvania State University, University Park, PA. 2009.

Teaching Assistant

Structural Equation Modeling, 2010
 Research and Applications in Biobehavioral Health, 2009
 Diversity and Health, 2008

Principles of Epidemiology, 2008
Foundations and Principles of Health Promotion, 2008
Interdisciplinary Integration of Biobehavioral Health, 2008
Family Relationships, 2005

Dissertation Committees

JP Marrero-Rivera, PhD (pending) – chair
Rachel Sanders, PhD (pending) –member
Jenn Manges, EdD (pending) – chair
Rudy Pineda, EdD (pending) – member
Corey Flynn, EdD (pending) – member
Paola Esquivel Ortiz, PhD (pending) – member
Tara Ridge Hankin, EdD (pending) - member
Cherri Rogers, EdD (2025) - chair
Heather “Sister IAsia” Thomas, EdD (2024) – member
Juliet Crowell, EdD (2024) - member
Staci Adams, EdD (2024) - member
Susan Graff, EdD (2024) - member
Stephanie Romanishan, EdD (2024) - member
Grace Drnach-Bonaventura, EdD (2024) - member
Katie Hanford, EdD (2024) – chair
Flor Cameron, PhD (2024) – member
Carla Escribano, EdD (2024) – chair
Carli Liguori, PhD (2023) - chair
Tiffany Smietana-Lysell, EdD (2023) – chair
Madeline Neely, EdD (2023) – chair
Caroline Passerello, EdD (2023) – co-chair
Lauren Wheeler, EdD (2022) - chair
Marlon Mussington, EdD (2022) – co-chair
Lisa Roberts, EdD (2022) - chair
Gina Vance, EdD (2022) - member
Jason Miller, EdD (2022) - member
Gemma Sivetz, EdD (2022) – co-chair
Juli West, EdD (2022) – co-chair
Bee Schindler, EdD (2022) - member
Beata Pasek, EdD (2021) – chair
Mary Allias & Emily Murphy, EdD (joint dissertation – 2021) – member
James Kostra, EdD (2021) - member
Melissa Jones, PhD (2020) – member
Trisha Cousins, EdD (2020) – chair
Efekona Nuwere, EdD (2020) – chair
Annessa Bontrager, EdD (2020) – chair
Jessica Sebastian, EdD (2020) – chair
Emily Shimko, EdD (2019) – chair
Amanda Gabarda, EdD (2019) – chair
Camille Clarke-Smith, EdD (2019) – chair
Kristie Rupp, PhD (2016) – co-chair
Stephanie McCoy, PhD (2016) – member
Lisa Wisniewski, PhD (2016) - member

Master’s Thesis Committees

Alyssa Arreola, MPH (2025) - member
Emily Sierra, MPH (2023) - member

Caroline Harpel, MPH (2020) - member
Neil Sharma, MS (2018) – chair
Flor de Abril Gonzalez, MPH (2016) – member
Deborah Backman, MPH (2016) – member
Tabitha Reefer, MPH (2015) – member

Undergraduate Thesis Committees

Madhura Leninkannan, BS in Interdisciplinary Studies (2022) - member

School of Medicine Scholarly Project

Hannah Murphy, MD (2022) – mentor
Todd McLaughlin, MD (2020) – mentor
Nicolas Penaranda-Zuñiga, MD (2020) – mentor
Tahereh Mirzakazemi, MD (2017) – mentor

Directed Research/Independent Study/Research Practicum Experience

Alyssa Arreola, MPH (Spring 2024 / Fall 2024) – research practicum experience supervisor
Max Vicente, PhD (Fall 2023) – research practice partnerships practicum supervisor
Claire Hartung, BS (Fall 2023) – research supervisor
Olivia Sobkowiak, BS (Spring 2023) – research supervisor
Carli Liguori, MS, RDN (2021-2022) – research supervisor
JP Marrero-Rivera, MS (2021-2022) – research supervisor
Lisa Roberts, MEd, EdD(c) (2021-2022) – research supervisor
Miranda Cerqueira, BS (2020; 2021) – research supervisor
Tara Raasch, BS (2019) – research supervisor
Lea Hart, BS (2019) – research supervisor
Cristian Custodio, BS (2018) – research supervisor
John Volpe, MS (2018) – research supervisor
Harsha Bolisetti, BS (2018) – research supervisor
Kaylinn Ellis, BS (2018) – research supervisor
Valerie Davis, BS (2017) – research supervisor
Madeline Hain, BS (2017) – research supervisor
Kate Pinker, BS (2016) – research supervisor
Quinn Favo, BS (2016) – research supervisor
Danielle Clune, BS (2016) – research supervisor
Corinne Natale, BS (2016) – research supervisor
Carla Escribano, MS (2015) – research supervisor

CONSULTANT

California Preschool Learning Foundations, California Department of Education (2022-2023)

ACADEMIC SERVICE

School of Education

First Year Seminar Curriculum Review committee (2025-present)
Physical Activity Research Center (PARC) faculty committee (2024 – present)
Exercise Physiology Program committee member (2024 – present)
Division of Innovative Leadership / EdD Committee (2017-present)
Co-Turf Coordinator, Faculty Union Communication & Action Team, School of Education (2022-2024)
Co-Chair, Healthy Lifestyle Institute Task Force, School of Education (2021-2023)
Member, 2023 Dean's Distinguished Awards Committee, School of Education (2023)
Co-Chair, Applied Developmental Psychology Professor of Practice Faculty Search Committee, School of Education (2022-2023).

Co-Chair, Faculty Search Committee, Department of Health and Human Development (2021-2022)
 Faculty Supervisor, Community Leisure Learn Program, Department of Health and Physical Activity, University of Pittsburgh (2014-2021)
 Faculty Search Committee, Innovative & Educational Technology (2020-2021)
 Diversity Scholars Selection Committee (2017-2018)
 Faculty Search Committee, Department of Instruction and Learning (2017-2018)
Faculty Moderator, Designing Quantitative and Mixed Methods Studies Roundtable Discussion, CGSE Conference, School of Education, University of Pittsburgh (2018)
 Member, Social Justice and Diversity Committee (2016-2018)
 Chair, Faculty Development Committee (2015-2018)
 Faculty Search Committee, Department of Health and Physical Activity (2014-2015)

University of Pittsburgh

Coordinator, Emerging Latino Communities Conversations, Center for Health Equity, University of Pittsburgh (2024-present)
Member, Community Research Advisory Board (CRAB), Center for Health Equity, University of Pittsburgh (2015-present)
Judge, Health Disparities Poster Competition, Office of Health Sciences Health Diversity, University of Pittsburgh (2017; 2018; 2025)
Planning Committee Member, Latinx & Hispanic Heritage Month, University of Pittsburgh (2019-2024);
Co-Chair, Pittsburgh Latinx & Hispanic Heritage Month, Pittsburgh, PA (2022)
Judge, Discovery Day: a forum for student ingenuity, University of South Carolina Office of Undergraduate Research (2012; 2013)

National

Strategic Health Initiative for Health Equity Committee, American College of Sports Medicine (2020-2024)
 Exercise is Medicine (EIM) Pediatrics Committee, American College of Sports Medicine (2019-2022)
 Outreach and Advocacy Action Team, Physical Activity Special Interest Group (SIG), Society for Behavioral Medicine (2017 – 2018).

Journal Reviewer

International Journal of Environmental Research in Public Health
Journal of Physical Activity and Health
Childhood Obesity
Journal of Adolescent Health
Translational Journal of the American College of Sports Medicine
Health Education & Behavior
Public Health Nutrition
Journal of Public Health Management and Practice
Pediatrics
International Journal of Behavioral Nutrition and Physical Activity
Archives of Pediatrics & Adolescent Medicine
Journal of the American Dietetic Association
American Journal of Preventive Medicine
Journal of Pediatrics
International Journal of Obesity
Journal of Immigrant and Minority Health
Preventive Medicine
BMC Public Health
PLOS One
Health Promotion Practice

SAGE Open Medicine
Health Education Journal
Hispanic Health Care International
Family & Community Health
Pediatric Obesity

Journal Review Board

International Journal of Environmental Research in Public Health (2021-present)

Journal Guest Co-Editor

Frontiers in Public Health, Special Issue: Sustainability of Physical Activity Interventions and Public Health (2022)

Abstract Reviewer

American Public Health Association Annual Meeting (2012-2014; 2022; 2024; 2025)
American College of Sports Medicine Annual Meeting (2019; 2021; 2023)
Society for Behavioral Medicine Annual Meeting (2016; 2017)

Grant Reviewer

Dean's Summer Research Project Social Determinants of Health Enrichment Program, University of Pittsburgh (2022; 2023; 2024)
UPMC Children's Hospital of Pittsburgh Health Equity Awards (2023)
NIH Community Influences on Health Behavior (CIHB) Study Section (2021)
NIH BUILD PODER, HERE Center Pilot Project, California State University-Northridge (2020)
Champion Schools Awards Mini-Grant program, Let's Move Pittsburgh. (2020)
The Forbes Fund Management Assistance Grants, Center for Health Equity, University of Pittsburgh. (2019)
Healthy Schools Grant Award, Let's Move Pittsburgh, Pittsburgh, PA (2017; 2018)
Master's and Doctoral Student Scholarship Award, Center for Health Equity, University of Pittsburgh. (2014-2015; 2015-2016; 2017-2018)
Center for Health Equity Faculty Collaborating with Community Mini-Grant, University of Pittsburgh. (2016)
2014 Bernard D. Goldstein Award, Center for Health Equity, University of Pittsburgh. (December 2014)
Magellan Scholar Grant Program, University of South Carolina. (March 2014)
Student Mentorship Program for Hispanic Health Research, Hispanic Serving Health Professions Schools (November 2013)

COMMUNITY-ENGAGED SERVICE

Executive Board Member, Casa San Jose, Pittsburgh, PA (2023-present)
Service/Outreach Committee, Greenfield K-8, Pittsburgh, PA (2019-present)
Playful Pittsburgh Collaborative, Pittsburgh, PA (2018-present)
LAMP Mentorship Program, Family Guidance, Pittsburgh, PA (2017-present)
Let's Move Pittsburgh Executive Committee, Pittsburgh, PA (2016-2021)
MyPlace Wellness Program, Action Housing, Pittsburgh, PA (2022)
Supplemental Healthy Nutrition Program, Casa San José, Pittsburgh, PA (2020-2022)
Plan for a Healthier Allegheny Chronic Disease Working Group, Allegheny County Health Department, Pittsburgh, PA (2018-2020)
Annual Immigrant and Refugee Health & Wellness Fair Planning Committee, Pittsburgh, PA (2018-2020)