

Pitt Education

Student Orientation Resources Guide

Getting Around Town

Student ID

Your Student ID (also known as your Panther Card) gives you access to a wide range of university facilities and services, as well as community attractions.

Visit [Panther Central](#) to order your ID prior to arriving to campus. IDs can be mailed directly to you or picked up at the Panther Central Office on campus. This website also provides a detailed list of services and FAQs about your Panther Card.

Pittsburgh Regional Transit

All University of Pittsburgh students, faculty, and staff may ride all Pittsburgh Regional Transit buses, trolleys, and inclines within Allegheny County free of charge. Simply tap your valid and current Panther Card to the smart card target located on the Pittsburgh Regional Transit vehicle to ride fare-free. Explore the helpful links below or download the Pittsburgh Bus Tracker app on your phone to plan your rides.

[Pittsburgh Regional Transit Schedule Finder](#)
[TrueTime Bus Tracker](#)

Parking

Students arrive at the University of Pittsburgh with all kinds of parking needs. Whether you are a commuter, here for a single semester, or live on campus all year, we offer a plan that suits your lifestyle. To purchase a parking permit or learn about all your options, click [here](#).

Housing

Off-Campus Housing

For students looking to reside off campus, Pitt is committed to ensuring that students are knowledgeable renters. Visit [The University of Pittsburgh's Office of Off-Campus Living](#) for more information. This website provides a comprehensive list of available apartments to rent, leasing details, safety procedures, and resources.

Retail Banking

Banking

The University of Pittsburgh has a campus banking relationship with PNC Bank. To help you attend to your banking needs, there are a variety of online and mobile banking tools and ATMs. If you want or need to apply for a bank account before school begins, PNC offers student banking products. These services are designed especially for students, including the ability to link your PNC accounts to your Panther Card.

You can find more information about PNC Bank's student focused product and on-campus services at pnc.com/pitt.

In addition to PNC, the Oakland community and surrounding neighborhoods also have the following banks: Citizens Bank, Bank of America, First National Bank, Key Bank, S&T Bank, and Chase Bank.

Health Services and Insurance

Student Health Clinic

The University of Pittsburgh has a Health Clinic located on campus at 119 University Place in Nordenberg Hall. It is open Monday – Friday 9am- 5pm. To learn more about the Health Clinic, click [here](#).

Pharmacies

The University of Pittsburgh has a pharmacy located on campus at 103 University Place in Nordenberg Hall at the corner of Fifth Avenue and University Place. It is open Monday through Friday 9am-5pm. To learn about the pharmacy services, click [here](#).

In addition to the pharmacy located on campus, the Oakland community and surrounding neighborhoods have the following pharmacies: CVS, Rite Aid, Walgreen's, and Giant Eagle.

Medical Coverage and Health Insurance

All graduate, professional, and undergraduate students, and their dependents, are eligible for student health coverage through the University of Pittsburgh. For information on plans and how to purchase health insurance, click [here](#).

For students who are already enrolled in the University of Pittsburgh's (UPMC) Health Insurance, click [here](#) to set up an online account and find in-network doctors' offices and services.

University Counseling Center

[The University Counseling Center](#) provides free access to mental health specialists for all students in the University community. While not a replacement for mental health care covered

by your insurance, the counseling center can provide services for students-including assessment, counseling, and psychotherapy (individual, group, and couples), and psychiatry- on a short-term basis in addition to offering acute care and crisis intervention. Sexual assault services and substance abuse programs are also available. For a complete list of services and resources, click [here](#).

Food Bank

Pitt Pantry

PittServes is committed to ensuring that all students have regular access to healthy food options. The Pitt Pantry is located on the 1st floor of the O’Hara Student Center (4024 O’Hara Street) and members of the Pitt community can visit the Pitt Pantry to select items of need.

For additional information and to learn how to utilize this great resource, click [here](#).

University Spaces

Center for Creativity

[The Center for Creativity](#) seeks to foster connections between and among members of the University community whose scholarly efforts and passions are rooted in “making stuff”: stories, pictures, music, scenes, statements, apps, messes, etc. The center offers group workshops led by the University Counseling Center staff and its’ spaces are intentionally and purposefully open to students, staff, and faculty in all programs of the University.

Graduate and Professional Student Lounges

Located on the fifth floor of the William Pitt Union, Pitt offers graduate and professional students university-wide a space for socializing, resource sharing, and community building. The lounge is equipped with a flat screen TV, couches, chairs, and worktable space with outlets.

The School of Education also has a dedicated space specifically for SOE graduate and professional students located in room 5604 of Posvar Hall.

Graduate and Professional Student Study Spaces

The Hillman Library offers designated quiet study and research space for graduate and professional students, as well as dissertation writing rooms. To learn about access and to stay up to date on location of facilities (due to the Hillman Library Renovation Project), click [here](#).

Tech Support and Printing

University Help Desk

The **24/7 IT Help Desk** is your central point of contact for all Pitt Information Technology services. Get fast and friendly technical support how and when you want it—including holidays—via phone, live chat, online form, email, or drop-in or virtual visit. You can also check

out [Alerts & Notifications](#) to determine if an outage is affecting you. To learn about all the available services, office locations and hours, click [here](#).

Printing Services

Pitt Print enables students to send print jobs from any location to Pitt Print Stations (Pharos) located in/outside all [Student Computing Labs](#), campus residence halls, and other locations across the Pittsburgh campus. Both black & white and color print jobs can be submitted from:

- Personal computers
- Computers in the Student Computing Labs
- Smartphones and tablets

After sending a print job to Pitt Print, students can pick up documents by swiping their University ID card or entering their University username and password at *any* Pitt Print Station.

[Pitt Print Station Locations](#)

[Pitt Print FAQ](#)

Fitness and Wellness

On-Campus Fitness Centers

All University of Pittsburgh undergraduate and graduate students can use their Panther Card to access multiple [fitness centers and recreational facilities](#). Whether you are looking to get a good individual workout in, attend a group fitness class, participate in an intramural team, or host a pick-up game (among several other recreational options), Pitt has a facility for you.

Stress Free Zone (SFZ)

Located on the third floor of the William Pitt Union, the Stress-Free Zone offers a variety of services such as a private space for meditation and yoga, biofeedback, massage chair, day light lamp therapy, as well as group classes. For more information and class schedules, click [here](#).

Parental Support Services

Lactation Rooms

The University values and encourages nursing mothers in the employment and education environment. For a full list of lactation rooms on campus and contact information, click [here](#).

Parental Accommodations

Since fall 2010, the [Graduate Student Parental Accommodation Guidelines](#) have helped students who are new parents (including fathers) through childbirth or adoption find academic-personal life balance. These guidelines have provided graduate students with the standing to work with their advisors and faculty to find individualized accommodations that can help them during this life-changing event.

For more information regarding the University's guidelines for helping graduate students who become parents, click [here](#).

Student Organizations

School of Education Student Organizations

We encourage you to get involved in a student organization while at the Pitt School of Education. There is no better way to get to know your peers and to form friendships that can last a lifetime. In addition, your participation in student groups is an excellent opportunity for leadership development and personal growth. Click [here](#) for a full list of organizations.

Student Grievances

Ombudsperson

The Pitt School of Education Ombudsperson assists graduate students and postdocs with resolving conflicts and issues that arise during their education and training that they believe have not or cannot be addressed within their academic department.

For additional information regarding the roles of the ombudsperson and for contact information, click [here](#).

Equity and Justice

Office of Equity, Diversity and, Inclusion

[The Office for Equity, Diversity, and Inclusion](#) is committed to fostering diversity and celebrating differences, educating the community on the benefits of diversity, promoting equity, eliminating discrimination, and advancing equal access to all opportunities at the University of Pittsburgh. The office provides a wide array of programs and resources. For detailed information on the services provides, utilize the links below.

[Diverse Populations](#)

[Disability Access](#)

[Events Calendar](#)