

PITT'S KIDS ADAPTIVE SWIMMING PARENT INFORMATION

Welcome to the Program! We are excited to have you and your child join us for a series of adaptive swim lessons.

As you know, this program was specifically designed to benefit children of all ages with a range of physical and intellectual needs. Our goal is to help each swimmer overcome any challenges they may face in the water, regardless of prior swim experience, in a 1:1 instruction ratio. Our top priority for each child includes: to become comfortable in the water, learn water safety, increase physical activity, and of course - have fun!

This packet's purpose is to provide you with the necessary documents, allow you to familiarize yourself & your child with the program's expectations, and give you additional details prior to starting the program!

Please don't hesitate to call Cécile Garfunkel with questions you may still have after reading through this packet. We are looking forward to a fun, successful time engaging your kids in the pool!

ARRIVAL AND DISMISAL:

- **ARRIVAL: (12:15pm)**
 - Each class we ask that the swimmers come dressed in their swimsuits.
 - We ask all families to come in through the rear entrance of Trees Hall. This entrance is found on Robinson Street. If you take Robinson Street around the building you will see the baseball field on one side and glass lobby doors on the other side. Picture below of specific access. The blue star is the indicator on the map of where the doors are located. This back door leads right to the pool.
 - Parents will come down to the pool deck with the staff to observe and help with redirection. We ask that parents don't drop and go since this is only a 45-minute program.
 - **DISSMISAL: (12:50pm – 1pm depending on when swimmer gets in)**
 - When the lesson is over the staff will assist the swimmers to the parent on the pool deck. There is a family changing room along with access to locker rooms to help your child get changed into street clothing. We ask that you don't get your child change right on the pool deck.
 - **PARKING OPTIONS:**
 - **Metered Parking** – Can be found on select streets immediately surrounding Trees Hall. (This includes Robinson Street and Darragh Street).
 - **Permit Street Parking** – There is 1–2-hour free street parking on select streets. (This includes Robinson Street, Darragh Street, Wadsworth, and Allequippa St.)
 - **WHAT TO BRING:**
 - Please send your child in their swim suites ready for the lessons each day. Please bring the following items for your child:
 - Change of clothing to change at the end.
 - Towel
 - Googles (optional)
 - Sandals are optional
 - Any item that helps your child stay calm, focus, or is needed.
- All other swim equipment will be provided for the swimmers

SCHEDULE AND CONTACT INFORMATION:

- **SCHEDULE:**

- Below are the dates of the Spring 2025 program.
 - **First weekend February 8th**
 - **Last weekend March 29th**
 - **12:15pm – 1pm**
- Program will **not** run on 3/01, and 3/08 due to Spring Break.

- **CONTACT INFORMATION:**

- **Cécile Garfunkel**
Director of Community Leisure Learn Program
Ceg116@pitt.edu, 412-648-8278
140 Trees Hall, Allequippa and Darragh Streets
Pittsburgh, PA, 15261

- **CONTACT WITH PARENTS:**

- **We communicate with parents via email. If there is ever a closing and or any changes, we ask parents to check the email as we can send out all information quickly to parents.**

