

Pitt Education

Student Orientation Resources Guide

Getting Around Town

Panther Central

Panther Central is your go-to place for all the essentials of daily living, from [transportation](#) to [housing](#) to [good meals](#).

Panther Central provides friendly and courteous, 24/7 service to current and prospective students, faculty, and staff.

Have a question or want to say hello? [Contact them here](#).

Student ID

Your Student ID (also known as your Panther Card) gives you access to a wide range of university facilities and services, as well as community attractions.

Visit [Panther Central](#) to order your ID prior to arriving to campus. IDs can be mailed directly to you or picked up at the Panther Central Office on campus. This website also provides a detailed list of services and FAQs about your Panther Card.

Pittsburgh Regional Transit

All University of Pittsburgh students, faculty, and staff may ride all Pittsburgh Regional Transit buses, trolleys, and inclines within Allegheny County free of charge. Instructions on how to utilize the Ready2Ride App can be found below. Explore the helpful links below or download the Pittsburgh Bus Tracker app on your phone to plan your rides.

[Ready2Ride App Instructions for Pitt Students, Faculty, and Staff](#)

[Pittsburgh Regional Transit Schedule Finder](#)

[TrueTime Bus Tracker](#)

Parking

Students arrive at the University of Pittsburgh with all kinds of parking needs. Whether you are a commuter, here for a single semester, or live on campus all year, there is a plan that suits your lifestyle. To purchase a parking permit or learn about all your options, visit the [mobility website](#).

Housing

Off-Campus Housing

For students looking to reside off campus, Pitt is committed to ensuring that students are knowledgeable renters. Visit [The University of Pittsburgh's Office of Off-Campus Student Services](#) for more information. This website provides a comprehensive list of available apartments for rent, leasing details, safety procedures, and resources.

Financial Wellness

Banking

The University of Pittsburgh has a campus banking relationship with PNC Bank. To help you attend to your banking needs, there are a variety of online and mobile banking tools and ATMs. If you want or need to apply for a bank account before school begins, PNC offers student banking products. These services are designed especially for students, including the ability to link your PNC accounts to your Panther Card.

You can find more information about PNC Bank's student-focused product and on-campus services at their [website](#).

In addition to PNC, the Oakland community and surrounding neighborhoods also have the following banks: Citizens Bank, Bank of America, First National Bank, Key Bank, S&T Bank, and Chase Bank.

Scholarships and Tuition Payments

Current students and new incoming students who have committed to Pitt have access to Pitt's searchable scholarship database, PittFund\$Me.

Log into your [Pitt Portal](#) and click on the PittFund\$Me link to access the tool. Respond to questions in PittFund\$Me to discover what you are eligible to apply for and unlock your scholarship matches!

Information on your student financial account, payments, tuition and fees, refunds, and financial aid can be found at the [Student Payment Center website](#).

Health Services and Insurance

Student Health Services

The University of Pittsburgh has Student Health Services located on campus at 119 University Place in Nordenberg Hall. It is open Monday – Friday 9am- 5pm. To learn more about Student Health Services, visit their [website](#).

Pharmacies

The University of Pittsburgh has a pharmacy located on campus at 103 University Place in Nordenberg Hall at the corner of Fifth Avenue and University Place. It is open Monday – Friday 9am – 5pm. To learn about pharmacy services, visit their [website](#).

In addition to the pharmacy located on campus, the Oakland community and surrounding neighborhoods have the following pharmacies: CVS, Walgreen's, and Giant Eagle.

Medical Coverage and Health Insurance

All graduate, professional, and undergraduate students, and their dependents, are eligible for student health coverage through the University of Pittsburgh. For information on plans and how to purchase health insurance, visit the [website](#).

For students who are already enrolled in the University of Pittsburgh's (UPMC) Health Insurance, [set up an online account](#) and find in-network doctors' offices and services.

University Counseling Center

[The University Counseling Center](#) provides free access to mental health specialists for all students in the University community. While not a replacement for mental health care covered by your insurance, the counseling center can provide services for students-including assessment, counseling, and psychotherapy (individual, group, and couples), and psychiatry- on a short-term basis in addition to offering acute care and crisis intervention. Sexual assault services and substance abuse programs are also available. For a complete list of services and resources, visit the [Counseling Center's website](#).

Food Bank

Pitt Pantry

[The Office of Care & Resource Support](#) is committed to ensuring that all students have regular access to healthy food options. The Pitt Pantry is located on the 1st floor of the O'Hara Student Center (4024 O'Hara Street), and members of the Pitt community can visit the Pitt Pantry to select items of need.

For additional information and to learn how to utilize this great resource, visit the [Care & Resource Support website](#).

University Spaces

Center for Creativity

[The Center for Creativity](#) seeks to foster connections between and among members of the University community whose scholarly efforts and passions are rooted in "making stuff": stories, pictures, music, scenes, statements, apps, messes, etc. The center offers group workshops led by the University Counseling Center staff and its' spaces are intentionally and purposefully open to students, staff, and faculty in all programs of the University.

Graduate and Professional Student Lounges

Located on the fifth floor of the William Pitt Union, Pitt offers graduate and professional students university-wide a space for socializing, resource sharing, and community building. The lounge is equipped with a flat screen TV, couches, chairs, and worktable space with outlets.

The School of Education also has a dedicated space specifically for SOE graduate and professional students located in room 5604 of Posvar Hall.

Graduate and Professional Student Study Spaces

The Hillman Library offers designated quiet study and research space for graduate and professional students, as well as dissertation writing rooms. To learn about access and to stay up to date on location of facilities, visit [Hillman Library's website](#).

Tech Support and Printing

University Help Desk

The **24/7 IT Help Desk** is your central point of contact for all Pitt Information Technology services. Get fast and friendly technical support when you want it—including holidays—via phone, live chat, online form, email, or drop-in or virtual visit. You can also check out [Alerts & Notifications](#) to determine if an outage is affecting you. To learn about all the available services, office locations, and hours, visit the [Help Desk's website](#).

Printing Services

Pitt Print enables students to send print jobs from any location to Pitt Print Stations (Pharos) located in/outside all [Student Computing Labs](#), campus residence halls, and other locations across the Pittsburgh campus. Both black & white and color print jobs can be submitted from:

- Personal computers
- Computers in the Student Computing Labs
- Smartphones and tablets

After sending a print job to Pitt Print, students can pick up documents by swiping their University ID card or entering their university username and password at *any* Pitt Print Station.

[Pitt Print Station Locations & FAQs](#)

Fitness and Wellness

On-Campus Fitness Centers

All University of Pittsburgh undergraduate and graduate students can use their Panther Card to access multiple [fitness centers and recreational facilities](#). Whether you are looking to get a good individual workout in, attend a group fitness class, participate in an intramural team, or host a pick-up game (among several other recreational options), Pitt has a facility for you.

Stress Free Zone (SFZ)

Located on the eighth floor of the Recreation and Wellness Center, the Stress-Free Zone offers a variety of services such as a private space for meditation and yoga, biofeedback, massage chair, daylight lamp therapy, as well as group classes. For more information and class schedules, visit the [Stress-Free Zone's Website](#).

Parental Support Services

Lactation Rooms

The University values and encourages pregnant and parenting people in the employment and education environment. For a full list of lactation rooms on campus and contact information, visit the [Office of Institutional Engagement and Well-Being's Website](#).

Parental Accommodations

Since fall 2010, the [Graduate Student Parental Accommodation Guidelines](#) have helped students who are new parents through childbirth or adoption find academic-personal life balance. These guidelines have provided graduate students with the standing to work with their advisors and faculty to find individualized accommodations that can help them during this life-changing event.

For more information regarding the University's guidelines for helping graduate students who become parents, visit [Office of Institutional Engagement and Well-Being's Website](#).

Student Organizations

School of Education Student Organizations

We encourage you to get involved in a student organization while at the Pitt School of Education. There is no better way to get to know your peers and to form friendships that can last a lifetime. In addition, your participation in student groups is an excellent opportunity for leadership development and personal growth. Visit the [School of Education's website](#) to learn more.

Student Support & Institutional Engagement and Wellbeing

Ombudsperson

The Pitt School of Education Ombudsperson assists graduate students and postdocs with resolving conflicts and issues that arise during their education and training that they believe have not or cannot be addressed within their academic department.

For additional information regarding the roles of the ombudsperson and for contact information, visit the [School of Education's website](#).

Office of Institutional Engagement and Well-Being

[The Office of Institutional Engagement and Well-Being](#) provides leadership and resources, and partners with units and campuses to create welcoming environments that enable everyone to succeed.

[Prevention at Pitt](#)

[Disability Access](#)

[Civil Rights & Title IX](#)